




Pembridge Hall



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salads	Sliced Chicken Mixed Green Salad	Tomato , Avocado and Basil Salad Cottage cheese	Sliced Ham Greek Salad	Cheese & biscuits Salami	Smoked Salmon Boiled Eggs
Week 1					
The Main Event	Pasta Party Pasta with A Creamy Carbonara Sauce	Not to Hot Chilli Con Carne	Not Xmas Roast Turkey Cocktail Sausages	Mmm Gammon Steak with Pineapple	Under the Sea Salmon Nuggets
Meat Free	Pasta with a Tangy Tomato Sauce	Quorn Chilli con Carne	Cauliflower Cheese	Quorn Fillets	Leek and Potato Bake
And To Go With	Broccoli Spears Sweet Corn Garlic Bread	Fluffy Rice Green Beans Garden Peas	Roast Potatoes Carrot Wheels Broccoli Spears	New Potatoes Mange Tout Sweet Corn	Oven Fries Baked Beans Garden Peas
Scrummy Puds	Fresh Fruit Platter Ice Cream with 'Strawberries'	Chocolate Brownie with Cream Fruity Yoghurt	Cherry Cheese Cake Fresh Fruit Salad	Fruity Bread and Butter Pudding Fruity Yoghurt	Fruity Jelly with Cream Fresh Fruit Platter

Available Daily: Home Made Bread, Dried Fruit and Home made Yoghurt