




Pembridge Hall




|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------|---------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------------|
| Salads | Cottage cheese & Sliced Free Range Eggs | Asian Salad with Beef tomatoes & mint | Smoked Salmon | Greek Feta Salad | Cheese and Crackers Selection |
| Week 1 The Main Event | Oven Baked Jacket Potato's with a choice of fillings | Mild Creamy Chicken Korma | Roast Chicken with Homemade Sage & Onion Stuffing | Home Made Italian Style Lasagne | Farm Assured Ground British Beef Burgers |
| Meat Free | Spanish Omelette | Creamy Vegetable Korma | Leek and Potato Bake | Vegetable Lasagne | Vegetable Burgers |
| And To Go With | Tuna Mayonnaise Mixed Green Leaf Salad Grated Cheddar Cheese Baked Beans | Pilau Rice Green Beans Naan Bread | Herby Roast Potatoes Carrots & Broccoli | Garlic Bread Mange Tout Sweetcorn Mixed Green Leaf salad | Poppy Seed Buns Garden Peas Tomato, Cucumber & Onion Salad |
| Scrummy Puds | Fresh Fruit Salad Homemade Yoghurt with Honey | Lemon Mousse with Shortbread Fingers Fruit Platter | Banoffee Pie Greek Yoghurt | Fruits of the Forest Crumble with Crème Fraiche Fruit Salad | Rainbow Jelly with Ice Cream with a Fruit Compote Homemade yoghurt |

Available Daily: Home Made Bread, Dried Fruit and Home made Yoghurt



Pembridge Hall




|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------------------------------------------------------|----------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------|
| Salads | Mixed Bean Salad | Cous Cous and Roasted Vegetables | Sliced Herby Roasted Chicken | Avocado , Basil & Tomato Salad | Vegetable Pasta Salad |
| Week 2 The Main Event | Chilli Con Carne | Tagliatelle Pasta with a Homemade Creamy Ham and Mushroom Sauce | Roast Topside of Beef with Yorkshire Puddings | British Pork Sausages with Home Made Apple sauce on the side | Homemade Chicken & Leek Pie with a Short crust pastry |
| Meat Free | Vegetable Chilli Con Carne | Tagliatelle with a Herby Tomato Sauce | Stuffed Roasted Pepper with melted Parmesan | Vegetable Sausages | Autumn Vegetable Pie |
| And To Go With | Basmati Rice Taco shells Roasted Vegetable Medley Garden Peas | Garlic Bread Broccoli Spears Roasted Courgettes | Crispy Roasted Potatoes Carrot Wheels Green Beans | Creamy Mash Potatoes Sweetcorn Roasted Vine Tomatoes | Pumpkin Seed Bread Garden Peas Roasted Peppers |
| Scrummy Puds | Fresh Fruit Salad Fruity Yoghurt | Choc Ices Fruit Platter | Home Made Apple and Blackberry Tart with Cream Fruit Salad | Fruit Platter British Cheese and Crackers | Pancakes with Maples Syrup Homemade Yoghurt |

Available Daily: Meat Free Zone (Vegetarian Alternative).....100% Fresh Salad Selection.....Fresh Fruit



Pembridge Hall




|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------------------------------------------------------|---------------------------------------------------|---------------------------------|---------------------------------------------|--------------------------------------------|---------------------------------------------------------------|
| Salads | Cottage Cheese | Salami Milano | Hummus + Pita | Coronation Chicken | Smoked Salmon |
| Week 3 The Main Event | Italian Style Beef Bolognese | Chicken Stir Fry | Roast Turkey with Cranberry Sauce | Home Made Traditional Cottage Pie | Cumberland Sausages |
| Meat Free | Quorn Bolognese | Vegetarian Stir Fry | Vegetable Sausage Hot Pot | Qourn Cottage Pie | Vegetarian Sausages |
| And To Go With | Cheddar Cheese Mixed Green Salad Sweet corn | Mixed Vegetables Egg Noodles | Roast Potatoes Carrot Wheels Broccoli | Home Made Bread Green Beans | Oven Baked Potato Wedges Sweet Potato Mash Garden Peas |
| Scrummy Puds | Fruit Platter or Strawberry Yoghurt | Banana Cake with Custard | Berry Cheese Cake | Fresh Fruit Platter Dried Fruit Platter | Classic Home Made Apple Pie with Custard Home Made Yoghurt |

Available Daily: Meat Free Zone (Vegetarian Alternative) 100% Fresh Salad Selection Fresh Fruit



Pembridge Hall



|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------|---------------------------------------------------|
| Salad of the Day | Pate & French Bread | Brie, Rocket a Salad | Avocado, Tomato and Mozzarella | Classic Caesar Salad | Tuna mayo eggs |
| Week 4 The Main Event | Penne with a Home Made Creamy cheese Sauce | Honey Roasted gammon | Roast Top side of Beef with Yorkshire Pudding and home Made Gravy | Meat feast pizza | Fresh fish rolls |
| Meat Free | penne with a Home Made Tomato and Vegetable Sauce | Home made leek and potato bake | Fresh Peppers Stuffed with Cous Cous | Cheese and tomato pizza | Fresh pea and mint wild mushrooms risotto |
| And To Go With | Fresh Green Medley of Vegetables Sweet corn | Steamed new potatoes broccoli spears sweet corn | Home Made Crispy Roast Potatoes Carrot Wheels Garden Peas | Home made coleslaw roasted mushrooms garden peas | Potatoes wedges bake beans fresh fine green beans |
| Scrummy Puds | Fresh Fruit Salad Classic British Cheese Board | Rise crispy cake | Meringues topped with Fresh Fruits of the Forrest | Ice Cream Fruit platter | Fresh Fruit Salad Greek Yoghurt |

Available Daily: Meat Free Zone (Vegetarian Alternative).....100% Fresh Salad Selection.....Fresh Fruit